



# RISDT

Report 2010

Rural India Self Development Trust





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### Chairman's message

RISDT from its inception committed to concentrate the most neglected rural communities in the project area. The efforts to bring the marginalized community people to the limelight have resulted positively.

The staff are relentless in delivering the quality service. The multi-faceted services have never diluted the motto and purpose with which it has originated from. The satisfaction of the beneficiaries brings loads of encouragement.

The results of each year motivate us to march forward and combat against the evil of poverty. In this journey it's a challenge to overcome any kind of hardship and serve the community. Yet another year we have the privilege and opportunity to serve the community with all necessary health and educational needs.

Ch.S.T.Krupa Rao



### Coordinator's message

RISDT has expanded itself to cover hundreds of villages and catering health needs by covering nearly six million population. The result of our health programs have proved that all our efforts were worthwhile. Education is the key to sustainable development, peace, stability and an indispensable means for effective participation in the societies and economies of the 21st century, which are witnessing a rapid globalization.

The process of gearing up to make necessary changes in our strategies and program emphasis are going strong. Our experiences of the last 28 years and our constant self-evaluation have indicated us to expand our programs into multifarious fields by adding Community Care Centre from NACO and Balasahyoga from Family Health International to address the HIV/AIDS. Starting this year, CABA and POID programs will be benefited by many. All these activities only make us more responsible as well as responsive towards the needs and development of rural poor.

N. Slessor Babu



## Profile of the RISDT : Preamble

Rural India Self Development Trust (RISDT) is a non-governmental, non-profitable, non-political, secular rural developmental civil service Society, working in rural regions of east and west Godavari and Srikakulam districts in Andhra Pradesh, South India. It is founded in 1983 by Mr. Bruno Jehle of Switzerland in the form of Peoples' clinic for the care and social restoration of leprosy patients in two villages.

RISDT is committed to promote holistic development through community mobilization for the rehabilitation of physically disadvantaged, socially marginalized communities, and alleviate poverty through medical intervention, education and rural development.

## Legal Status

RISDT is registered under the Indian Societies Registration Act XXI of 1860 with its No.57 of BK 4 of 85 and it is also registered under Foreign Contribution (Regulation) Act of 1976 bearing No: 010170056/1986.

## Area of Operation

Now RISDT is addressing all the health programs like Leprosy Control Program, Rehabilitation Centre for Leprosy affected peoples, Revised National Tuberculosis Control Program (RNTCP), Referral Hospital & Community health Centre, Community Care Centre and Bala-sahyoga for HIV/AIDS affected persons, and Mother & Child care, Prevention of Impairments & Disability (POID), Children Affected By AIDS (CABA). Our other development works include Referral English Medium High School (REMHS), Agriculture & Horticulture development.

## Vision

To see a society that promotes safety, security and access to justice among vulnerable groups; equitable and fair opportunities to realize full potential of every citizen thereby reduce poverty and inequalities among all social groups.

## Guiding Principles and Values

Participation of stakeholder for effective design, implementation and ownership. Use of methods and approaches that are sustainable within a reasonable timeframe. We value accountability and transparency.

Our Strengths include Visionary Leadership, Optimal models of project life-cycle and follow-up, vast field and technical expertise in all spheres of rural development.

## Development Partners

FAIRMED (Swiss Emmaus)  
Association Suisse Raoul Follereau  
Kalpavruksha  
Foundation Calcutta Espoir  
Mission Evangelique Contre LA Lepre  
Indian Development Foundation (IDF)  
Government of India  
Andhra Pradesh state Government  
Family Health International  
Other Consortium of Partners



## Milestones

- 1983** People's clinic - first of its kind dedicated for Leprosy treatment for past 28 years
- 1986** Survey Education and Treatment (SET) in West Godavari District, Leprosy
- 1989** Survey Education and Treatment (SET) in East Godavari District, Leprosy
- 1990** Rehabilitation Centre in Kathipudi, Leprosy and TB
- 1993** Referral Hospital at Kathipudi
- 1995** Integrated Tuberculosis Programme, East Godavari District
- 1996** Community Health Programme, East Godavari District
- 1997** Rehabilitation Activities, East Godavari and nearby districts
- 1999** DISPEL Programme (Leprosy) in West Godavari District
- 2000** Community Health Centre in Kathipudi.
- 2002** RNTCP Programme, in East Godavari District by Tuberculosis –Treatment Unit
- 2003** Referral English Medium High School
- 2004** TB Technical support team programme in East Godavari and Srikakulam Districts.  
DISPEL Programme (Leprosy) in East Godavari District
- 2007** DPMR Programme in Viskhapatnam, Warangal, Karimnagar
- 2008** Community Care Centre (CCC) for people with HIV & AIDS
- 2009** FI-ICTC by AP consortium.
- 2009** BALASAHYOGA project in Amalapuram – HIV & AIDS
- 2010** CABA in East Godavari district.
- 2010** POID Program in East Godavari district.



## Projects and Programs of Development and Intervention

### I. a. Leprosy Control Program

RISDT has been playing a major role in both reducing the stigma of leprosy and helping patients reintegrate into society. Over the past 28 years, 7851 leprosy patients have been treated and the prevalence rate of the disease has dropped to 0.90 percent in the project areas of RISDT. Partnered with NLEP by implementing SET (Survey Education & Treatment) in East and West Godavari districts and organized MDT program as per government guidelines.

#### Leprosy Services in RISDT Hospital – Kathipudi Output Based Activity (OBA)

Code	Patient Category	2008	2009	2010
<b>In-Patients (IPD)</b>				
IP0	General Treatment	1039	1208	1211
IP1	Reaction cases	34	36	37
IP2	Simple Ulcer	515	606	595
IP3	Complicated Ulcer	303	302	299
IP4	Septic Surgeries	32	32	32
IP5	RCS-Foot	16	15	15
IP6	RCS- Hand	18	16	16
<b>Out Patients (OPD)</b>				
OP0	General complication	3063	3327	3318
OP1	Ulcer cases	4145	4457	4466
SP1	Eye complication	16	20	20
<b>TOTAL CASES</b>		<b>9181</b>	<b>10019</b>	<b>10009</b>

## b. Prevention of Impairments and Disability (POID)

POID is an integrated program of FAIRMED & RISDT. Specific disability prevention activities are aimed under the program. This program assures and maintains improvement in the physical and well being of the persons affected by leprosy in the district of East Godavari.

### POID - Performance Report from September to December - 2010 (4 Months)

S. No.	Particulars	Activity Done
1	No. of patients trained in self-care	4621
2	Total patients provided with MCR Chappals	384
3	Total no. of patients admitted in Hospitals (referred from PHCs)	146
4	Total No of patients underwent physio-therapy services	1766
5	No. of Service delivery points at PHCs visited	68

## c. Disability Prevention & Medical Rehabilitation [DPMR]

National Leprosy Eradication Program (NLEP) has recognized the RISDT as one of the ten Re-Construction Surgeries (RCS) centers in the state.

The program is to achieve disability prevention in leprosy by early case deduction, Prevention of leprosy related disabilities (POD), correction of deformities to improve the functions of that part.

### Re-Construction Surgeries Performed as of 2010

Name of the District	Year 2010	Total since '07
East Godavari	41	150
West Godavari	02	62
Vishakhapatnam	30	187
Warangal	01	97
Karimnagar	-	148
<b>Total</b>	<b>74</b>	<b>644</b>

## d. Rehabilitation Center for Leprosy Patients

In 1990, RISDT established Leprosy Rehabilitation Centre at Kathipudi. Annually, the center rehabilitates 15 patients by providing food, shelter, and clothing besides medical services. Vocational training opportunities are also provided to enable fresh start and restore lost self-esteem and personal dignity.

RISDT strives to continue its fight to end the disease that has condemned sufferers to isolation, rejection by help early detection, offering care and treatment with rehabilitation opportunities through its partners.



## Tuberculosis Control Program

India is the highest TB burden country accounting for one fifth of the global incidence. Impressed by the implementation of our programs in east Godavari, Government of India has sanctioned Tuberculosis Treatment Unit (TB-TU) under Revised National Tuberculosis Control Program (RNTCP) to RISDT. TB-TU targets to covers 5,00,000 population through 10 Primary Health Centres including the Referral Hospital (RISDT).

Referral Hospital is equipped with comprehensive and latest medical facilities which enabled to achieve a high detection and cure rate. The RISDT TB-Unit has been adjudged as the best & exemplary unit by the Government.

## TB : Performance at a glance from 2003 to 2010

Year	Target	Achievement	Positive Cases	Negative cases	Extra Pulmonary Cases
2003	459	506	205	254	50
2004	612	748	308	357	83
2005	612	769	348	320	101
2006	612	730	342	308	80
2007	708	765	352	307	106
2008	730	763	362	291	110
2009	750	759	345	298	116
2010	800	792	447	255	90
<b>Total</b>	<b>5283</b>	<b>5832</b>	<b>2709</b>	<b>2390</b>	<b>736</b>

RISDT offers it years of expertise and knowledge to the partners for effective involvement in such control programs to go through till the last mile.



## HIV/AIDS

### a. Community Care Center (CCC)

In 2008, AP State Aids Control Society (APSACS) has sanctioned the Community Care Centre (CCC) to RISDT. HIV epidemic has moved beyond high risk populations and has become an epidemic with a staggering 92% of infections being in the age group of 15 to 49 which is also the most economically productive segment of the population.

East Godavari district has high prevalence pockets. The objective of RISDT-CCC is to prevent the situation worsening from the present 'concentrated epidemic' to 'general epidemic' stage. The CCC is essentially a 10 bedded hospital providing treatment for opportunistic infections for HIV/AIDS patients.

Facilities and Services of CCC:

- Medical and clinical care facility
- Anti Retroviral Treatment
- Positive Prevention
- DOTS Facility
- Counseling, psychosocial support.

### Performance at a glance

Particulars	Year 2010	Total since '08
Total Registered Cases:	1841	3242
Child cases	14	49
Adult cases	1827	3193
ART cases	654	949

### b. Integrated Counseling and Testing Centre (ICTC)

AP Consortium has established an ICTC with RISDT. The Integrated Counseling and Testing Centre is a gateway for a host of related services in HIV/AIDS prevention and care. Besides testing and treating the patients. ICTC links patients with legal aid services, welfare services and facilitates access to public distribution systems, nutrition, employment and alternative employment, education and child care services and care homes.

#### ICTC Services availed as of 2010

Particulars	Year 2010	Total since '09
Total cases tested	571	832
Reactive cases	129	194
ANC tested cases	91	133
ANC Reactive cases	4	5

## c. Balasahyoga

To improve the quality of life of children and families infected & affected by HIV/AIDS, a consortium of partners and APSACS has accorded permission for a Balasahyoga project in Amalapuram of East Godavari district, a hyper endemic district for HIV/AIDS.

### Performance Report as of 2010

Particulars	During the Year 2010	Since Beginning
House Hold Registration	821	1060
Widow headed	260	356
Grandparent headed	45	91
Child headed	12	12
Adult identified	1394	1766
No. of Adults positives	811	1043
Adult pre-Art	769	894
No of Adult ON ART	241	287
Childrens identified	1065	1698
No of children's positive	59	148
Children's pre-ART	94	130
No of children's ON ART	22	33

## d. Children Affected By AIDS (CABA)

The programme is aimed at mitigating the effects of HIV/AIDS on children and their families. Children affected by HIV/AIDS suffer from the loss of caring adults, depletion of household financial resources, and the stigma and discrimination associated with the disease. Interventions under this program go beyond health issues and respond to this broad range of child and family needs.

### Key Accomplishments as of 2010

Indicators	Male	Female	Total
Number of infected/affected children included in CABA line list	5630	5447	11077
Number of orphan HIV infected children included in CABA line list	325	331	656
Number of orphan HIV affected children included in CABA line list	2573	2620	5193

## II. Community Health

### a. Referral Hospital and Community Health Center

RISDT's Referral Hospital is a community health care intervention that made the quality health service more accessible and dependable for the rural population around Annavaram region of East Godavari.

Features and facilities of the Hospital:

- 40 bedded facility for general and community health
- Professional staff catering the villages upto 50 kms radius
- Conducts periodical rural health camps
- Equipped to perform life saving and minor surgeries
- Assured attention round the clock

52396 patients were treated and 675 surgeries were performed during the year 2010.

### b. Mother and Child Care

RISDT is actively implementing the programme of Mother and Child Care. The many rural women who are disadvantaged due to superstitions and illiteracy have benefited through the program. The programme promotes community health, including diarrhoea management, antenatal care, child nutrition and immunisation. Village health workers provide education, training and disease awareness.





### III. Educational Programs

#### a. Referral English Medium High School (REMHS)

A boon to the children of the rural & tribal area of Kathipudi in East Godavari district since 2003 in providing quality education at an affordable cost with the following features and facilities:

- Govt. of Andhra Pradesh recognized school for secondary education upto class 10
- Free education for the disadvantaged and the children of the diseased and poor
- High standards of teaching and student development
- Scholarship support for achievers

#### Performance at a glance for 2010

Performance Particulars	Result
Total Student enrolments for the year	1322
% of students passed the SSC board exams	100%
% of class who secured more than 70% in the SSC exams	86%
Highest marks secured by a REMHS student in board exam	557 / 600
Ratio of Teacher to Student	1:33
% of parents satisfied child's education at school	91%
% of school staff satisfied with professional development opportunities and systematic initiatives	90%

The school is a pioneering effort in the region and striving hard to set-up high standards to accomplish more.



### IV. Rural Development

#### Rural Development Project – Srikakulam

Srikakulam, a coastal district on the east coast of India is surrounded by hills has a large tribal population. This district is backward because of its geographical constitution and less irrigation facilities which leads to regular drought.

RISDT selected Srikakulam district to attain rural development by implementation, practicing, and extension of sustainable practices in Land Development, Irrigation Management in Agriculture & Horticulture, Dairying and Goat Rearing to local communities and Livelihoods.

RISDT implemented the following activities as a part of its rural development programme:

#### Land Development

Developed 60 Acres of Hilly terrain by bush clearance, preparation of soil by ploughing and clearance of small rocks and boulders making it cultivable.

Farmers in the local area could recognize the need for best land development and irrigation practices by the practical demonstration of results and implemented the same in their small and marginal holdings thereby creating a secure incomes and saving their small holdings not moving into the hands of big landowners.

#### Horticulture

Planted Mango, Cashew and Coconut Implemented best irrigation practices by installing Drip Irrigation System, practicing best plant protection and production techniques thereby reducing cost of production and improving the yield. Continuous cultivation of Vegetables improvement of production by introduction of new varieties and Hybrid varieties.

Distributed over 10,000 saplings of various varieties and assisted them with the knowledge of cultivation of the horticultural crops.

## Agriculture

Cultivation of local agricultural crops with the help of local agricultural university thereby demonstration of new cultivation practices.

Our project provided a platform for the government departments and local agricultural universities for agricultural extension . Farmers were largely benefited over a period of last 15 years through our extension programmes by on-farm demonstration. Farmers are benefited in terms of Knowledge of Best Practices, Higher Agricultural Yields, and Raise in incomes.

## Dairying

As a part of Dairy Project, we setup up Milk Production Dairy unit with 60 animals. 12 acres of fodder and legume cultivation. Implemented best practices in fodder cultivation, calf production by artificial insemination, calf care, animal care and milk production. Periodical training to farmers and local youth for setting up milk production Dairy for self employment.

Many young farmers took up the activity of milk production at domestic level on continuous basis, earn a regular living by supplying the milk to the local co-operative milk dairy marketing unit.



## Goat Rearing

Goat rearing is one activity in the local area for small income to families and also profession to local shepherds. RISDT provided local poor farmers with 10 batches of goats and provided rearing facilities to ensure livelihood.

Beneficiaries rear the goat and sell the young kids to local farmers and communities who rear goat for milk and meat purposes with the knowledge and gain an additional income to their regular income.

## Future Goals

- Introduction of Bio-Gas to the local households thereby saving on the money and non-renewable energy resources.
- Introduction of Solar power for lighting into the rural households.
- Introduction of solar powered water pumps for irrigation purposes.
- Demonstrate the usage of Solar Powered water pumps.



# RISDT in the News

## Referral Hospital's medical services a blessing for rural people



Reported by VAARTHA daily, dated Friday 18, March 2011.

In the picture: Referral Hospital at Kathipudi.

RISDT's medical services in the region to the poor and downtrodden has won many a heart with its corporate-class services at lowest fees. Started in 1983, the trust is going from strength to strength in providing sufferers relief from deceases like leprosy, TB, HIV/AIDS etc., Many have been given a fresh lease of life with timely treatment, care and training which makes RISDT very popular with the people of the region. Since 2008, Referral English Medium High School is serving the people and transforming their children as meritorious and talented.

## Referral High School Annual Day Celebrated in Style



Reported by SAKSHI daily, dated Saturday, March 5, 2011

In the picture: Students performing a mythological play  
Grand celebrations had witnessed during the 8th Annual Day of Referral High School. The occasion was graced by the deputy educational officer who called upon the students and teachers to imbibe discipline with high academic standards. He also praised the services of

the school in the rural region. The students displayed their talents with delightful performances which left the audience spellbound. The entire staff and management were appreciated for the good show on their part.

## RISDT's initiative for People and Families affected by HIV/AIDS



Reported by SAKSHI daily, dated Sunday, 9 January 2011

In the picture: Livelihood grant being handed over by government official.  
Under the Balasahyoga program of RISDT, 76 families were provided with the Livelihood Grant to the tune of Rs.0.68 millions. All the families are affected by HIV/AIDS. Revenue Divisional Officer who participated in the grant distribution program and appreciated the various health initiatives undertaken by the RISDT.

## School Books Distributed to children with HIV/AIDS



Reported by ANDHRAPRABHA daily, dated Friday, July 2, 2010

In the picture: Books distribution arranged by RISDT  
Under the initiative of RISDT to help the children affected by HIV/AIDS, school bags and books were distributed to the children. RISDT organized the program jointly with individuals and organizations for the benefit of the children to continue the studies.

## RISDT's program to eradicate Leprosy



Reported by VARTHA daily, dated Thursday, September 16, 2010.

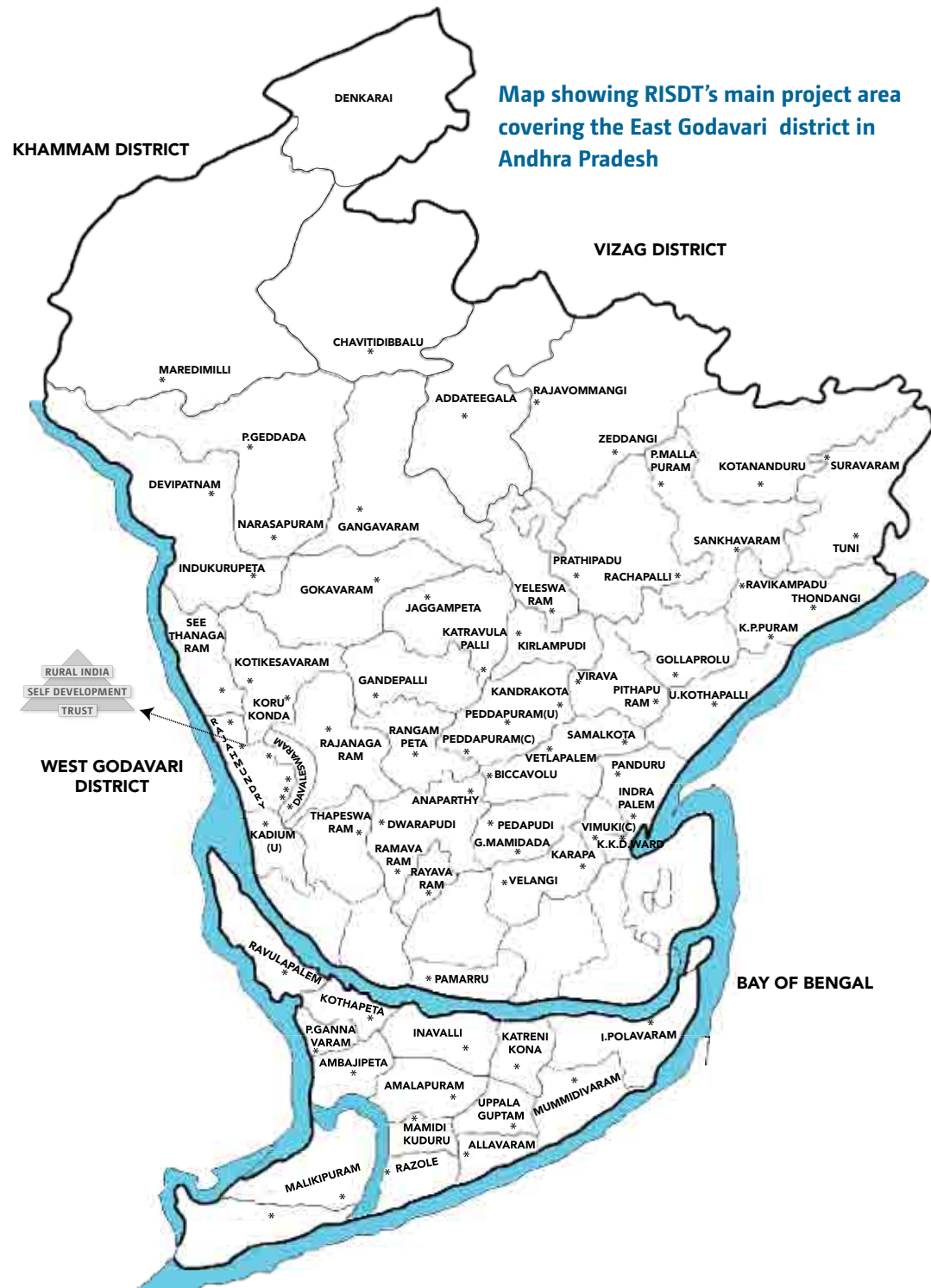
In the picture: RISDT's chairman speaking at the launch of POID program

The Prevention of Impairment and Disability (POID) program was launched in RISDT's Referral Hospital, Kathipudi. Health education, Self-care training, out-patient services, surgical and rehabilitation programmes are some of the services implemented under the program for next three years on a pilot basis. The Secretary of RISDT mentioned that the trust have been serving the marginalized population since 1983 and will continue to strive to bring in more such projects. Representatives from FAIRMED and the local medical administration participated in program urged the RISDT to carry forward its various medical services benefiting a larger section of poor.

## Conclusion

All of RISDT's multifaceted activities are integrated to bring a wholesome development in the rural community. We resolve to press forward in this purposeful journey till the last mile giving our best to every opportunity to make a difference in the lives of poor and disadvantaged.

We are grateful to all our partners for their support and cooperation in enabling the vision.



Map showing RISDT's main project area covering the East Godavari district in Andhra Pradesh

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